

ABOUT THE MAJOR

The Health, Society, & Policy (HSP) program is an interdisciplinary undergraduate degree (BA or BS) that focuses on the many factors that affect human health. After completing the HSP major, you will recognize that human health is determined not only by things like pathogens, illness, and genetics, but also by lifestyle and behavioral choices, environmental exposures, socioeconomic resources, and cultural affiliation. HSP majors take courses from a variety of fields including epidemiology, social sciences, biological and natural sciences, research methods and statistics, political science, health care administration, and philosophy. This interdisciplinary approach to studying human health and health care is applicable to a wide range of careers in the health sciences and public administration. With an HSP major, you can tailor your studies to meet your personal interests, passions, and goals related to health, society, and policy.




LEARNING OUTCOMES

- Integrate learning from different disciplines to understand the complexities of human health and health care.
- Be able to discuss the ways specific politics, policies, and health care practices influence human health at the individual, social, cultural, ecological, and/or global levels.
- Work with interdisciplinary teams to address concerns related to human health and health care in the community.
- Articulate how an interdisciplinary study of human health and health care has informed your own professional identity and career aspirations.

PLAN & PREPARE

At the U, we plan for our students to have an Exceptional Educational Experience identified by four broad categories we call the Learning Framework: Community, Knowledge & Skills, Transformation, and Impact. This major map will help you envision, explore, design, and plan your personalized Exceptional Educational Experience with the Learning Framework at the core. In addition to assisting you in planning your coursework and navigating the requirements of your major, this map will help you incorporate other kinds of experiences to expand your knowledge, support your development, and prepare you for the future you want.

GET STARTED TODAY

-  Schedule an appointment with an advisor: advising.utah.edu
-  Visit ugs.utah.edu
-  Learn more about the Learning Framework: ugs.utah.edu/learning-framework



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HSP

HEALTH SOCIETY & POLICY

COLLEGE OF SOCIAL & BEHAVIORAL SCIENCE



Community



Knowledge & Skills



Transformation



Impact

"Today's most important challenges are solved at the nexus of health, policy, and society. This interdisciplinary major uniquely qualifies you to positively impact the world around you."

>> Nichole Dunn

Chief of Staff to Congressman Ben McAdams

HEALTH, SOCIETY & POLICY

Use this map to explore, envision, design, and plan your Exceptional Educational Experience.

GETTING STARTED

MAKING PROGRESS

FINISHING UP

WHERE CAN I GO AFTER GRADUATION?

COURSES

- Take HSP 1001 - Intro to HSP
- Enroll in a learning community like LEAP, BlockU, or Honors College
- Explore HSP through Gen Ed courses
- Meet with a pre-professional advisor

- Begin taking upper-division HSP courses such as ethics, statistics, research methods, health economics, or social epidemiology
- Add classes for any second majors or minors into your schedule

- Continue with your HSP major, minors, upper-division general education, and any pre-professional requirements as planned in your four-year road map

- Take HSP 5000 - Capstone
- Take final courses for your degree(s) and any pre-professional programs
- Take relevant graduate school entrance exams
- Apply for graduation

- Clinical Research
- Dentistry
- Epidemiology
- Ethics
- Global Public Health
- Gerontology
- Health Care Administration
- Health Education
- Hospital Management
- Laboratory Research
- Law
- Nonprofit/Advocacy
- Nutrition
- Medicine
- Osteopathic Medicine
- Pharmacy
- Physician Assisting
- Physical Therapy
- Public Administration
- Public Health
- Public Policy

COMMUNITY

- Attend CSBS¹ Welcome Week and PlazaFest
- Join at least one student group
- Follow CSBS and other campus groups on Instagram and Twitter

- Plan or attend an event hosted by a student group
- Consider a leadership role within a student group

- Attend office hours for at least two of your courses
- Attend or create a study group with your peers

- Work with peers in the HSP capstone course to develop and pitch a possible policy solution to a real-world health issue
- Join the Alumni Association

KNOWLEDGE AND SKILLS

- Explore other majors or minors; attend major exploration events
- Learn how to read your Degree Audit
- Become familiar with academic support resources like the Writing Center

- Choose coursework in elective tracks that align with possible career paths
- Begin exploring research opportunities through the OUR², and attend its Education Series

- Prepare for graduate school entrance exams, if applicable (i.e. LSAT, MCAT, GRE, GMAT)
- Begin researching specific pre-professional or graduate school admission requirements.

- Create an ePortfolio to showcase and archive your most significant learning as an undergraduate student

TRANSFORMATION

- Identify which HSP course offerings interest you the most
- Explore programs like Solution Scholars and Learning Abroad
- Start pre-professional extracurricular activities

- Create a four-year roadmap for degree completion and customization; adjust as needed
- Apply for an award or scholarship

- Conduct research with a faculty mentor; apply for an award through UROP³

- Complete patient exposure, physician shadowing, and other extracurricular activities
- Participate in commencement ceremonies

IMPACT

- Volunteer in the community with organizations that align with your personal or professional interests
- Go on an Alternative Spring or Fall Break
- Study abroad; consider the Global Public Health program

- Apply to be a CSBS Ambassador, a peer mentor, or Solutions Scholar

- Volunteer in the community with organizations that align with your personal or professional interests

- Present or publish your research
- Write a capstone project or Honors thesis based on your community engaged learning, study abroad, or internship experience

CAREER

- Create your LinkedIn and Handshake profiles
- Meet with your career coach to identify your professional interests
- Consider taking a career exploration course such as SBS 2700 - Career Exploration in Social & Behavioral Science

- Take advantage of CPDC⁴ tools and resources
- Draft a resume or biosketch
- Network at U of U career fairs

- Conduct informational interviews with professionals to explore career possibilities
- Complete local, national, or international internships through the Hinckley Institute of Politics or CSBS

- Meet with a career coach to practice interviewing, and refine your resume or biosketch
- Apply for graduate school or jobs at least six months prior to graduation