

ABOUT THE MAJOR

In an increasingly globalized world, we all have a responsibility to be educated about contemporary issues and our own international presence. International Studies at the U helps students anchor their education in an understanding of how global challenges and worldwide systems shape the human experience.

In this major, you will gain descriptive, analytical, and methodological tools to understand the world and the United States from global perspectives. You will hone these tools through interdisciplinary coursework drawn from a variety of subjects such as communication, geography, history, political science, and foreign language. To deepen your understanding of global and international issues, you can explore the following themes in your studies: Culture & Identity, Global Health, Foreign Relations & Security, Development & Sustainability, European Studies, Trade & Commerce, and Human Rights. This major is flexible and can be paired with pre-health courses, a minor, a second major, and/or co-curricular activities.

This combination of classroom and experiential learning enables you to reflect on ways to tailor your education to suit your interests, passions, and future goals. You will participate in a global internship or study abroad and further develop your language and critical thinking skills. Through interdisciplinary coursework, language study, and direct international experience provided in the International Studies major, you will graduate with practiced skills and leave the U able to reconcile multiple perspectives, communicate across cultures, and bring a global perspective to a variety of career paths.




LEARNING OUTCOMES

- Global Perspective: Gain broad interdisciplinary knowledge of international, transnational, and global issues.
- Critical Thinking: Learn to critically examine transnational questions, issues, topics, and themes.
- Communication: Learn to effectively engage within linguistic and cultural contexts that are not your own.
- Civic Engagement: Develop skills to support continued learning, effectively address transnational concerns, and serve communities and organizations at home and abroad.

PLAN & PREPARE

At the U, we plan for our students to have an Exceptional Educational Experience identified by four broad categories we call the Learning Framework: Community, Knowledge & Skills, Transformation, and Impact. This major map will help you envision, explore, design, and plan your personalized Exceptional Educational Experience with the Learning Framework at the core. In addition to assisting you in planning your coursework and navigating the requirements of your major, this map will help you incorporate other kinds of experiences to expand your knowledge, support your development, and prepare you for the future you want.

GET STARTED TODAY

-  Schedule an appointment with an advisor: advising.utah.edu
-  Visit ugs.utah.edu
-  Learn more about the Learning Framework: ugs.utah.edu/learning-framework



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“My international education was critical to shaping my career path. Without the courses and experiences I had in my undergrad, I would not have found my deep passion for development and extreme poverty alleviation.”

*>> Riley Greenwood
Expeditions Director, Choice Humanitarian*



INTERNATIONAL STUDIES

Use this map to explore, envision, design, and plan your Exceptional Educational Experience.

GETTING STARTED		MAKING PROGRESS		FINISHING UP	
COURSES	<ul style="list-style-type: none">- Your journey begins here:<ul style="list-style-type: none">• Meet with an advisor to discuss interests and explore focus areas• Begin the Introductory Core Classes by choosing a Peoples course and a Challenges course• Begin language coursework at the 1010 level (check with an advisor if you have previous language experience)	<ul style="list-style-type: none">- Deepen your knowledge and build connections:<ul style="list-style-type: none">• Complete the Introductory Core classwork with a Systems course• Enroll in INTL 3000 - Foundations of International Studies• Continue your language coursework• Earn credit through study abroad or a global internship	<ul style="list-style-type: none">- Choose your International Studies focus area:<ul style="list-style-type: none">• Culture and Identity• Development and Sustainability• Foreign Relations and Security• Global Health• Human Rights• Trade and Commerce• European Studies	<ul style="list-style-type: none">- Bring it all together:<ul style="list-style-type: none">• Complete your coursework with approved electives at or above the 5000-level• Complete your language requirements with two courses at or above the 3000-level• Consider adding a CLAC¹ section	
COMMUNITY	<ul style="list-style-type: none">- Explore your new home:<ul style="list-style-type: none">• Follow U of U International Studies on Facebook, and on Instagram @uofu.ias• Attend a meeting of one of the many campus groups: e.g. the Language Club, Model UN, Enviro Club, Amnesty International, or Circle K International	<ul style="list-style-type: none">- Build relationships:<ul style="list-style-type: none">• Join a club and participate consistently• Apply to live in the Humanities House• Volunteer with the Bennion Center, Intercultural Engagement, English Skills Learning Center, English Language Institute, or World Refugee Day	<ul style="list-style-type: none">- Strengthen ties:<ul style="list-style-type: none">• Take a Community Engaged Learning course• Get involved with the Emerging Leaders Initiative of Utah• Apply to be a leader in ASUU² or a campus club• Become a peer mentor or an ambassador for international students with the International Student and Scholar Services office	<ul style="list-style-type: none">- Expand your community:<ul style="list-style-type: none">• Get involved with the Alumni Association• Participate in the AASA³, PISA⁴, or M.E.Ch.A⁵ high school conferences	
KNOWLEDGE AND SKILLS	<ul style="list-style-type: none">- Learn about new resources:<ul style="list-style-type: none">• Attend a scholarship workshop• Explore double majors or minors• Visit the Knowledge Commons in the Marriott Library• Work on essays with the Writing Center	<ul style="list-style-type: none">- Build your knowledge and hone essential skills:<ul style="list-style-type: none">• Take a research methods course related to your interests• Try job shadowing and conduct informational interviews• Meet with the College of Humanities Internship Coordinator• Apply for a local internship through the Hinckley Institute of Politics	<ul style="list-style-type: none">- Deepen your knowledge and expand your skills:<ul style="list-style-type: none">• Attend Marriott Library workshops• Attend an Office of Undergraduate Research Workshop and apply for research opportunities through UROP⁶• Create your graduation plan• Declare a second major or minor	<ul style="list-style-type: none">- Use what you have learned:<ul style="list-style-type: none">• Attend or present research at an academic conference• Seek mentoring opportunities with professionals• Take a test prep course for your graduate school applications (GRE, GMAT, etc.) at Continuing Education	
TRANSFORMATION	<ul style="list-style-type: none">- Discover new opportunities:<ul style="list-style-type: none">• Take advantage of faculty office hours• Attend Hinckley Forums• Participate in a Bennion Center Saturday Service Project• Attend a Learning Abroad 101 session	<ul style="list-style-type: none">- Expand your horizons:<ul style="list-style-type: none">• Chat about goal-setting outside of the classroom with your advisor• Apply for fellowships (Goff, Sorenson, Sustainability Scholars, etc.)• Attend the Learning Abroad Returnee Panel• Go on an Alternative Fall/Spring Break or Learning Abroad experience	<ul style="list-style-type: none">- Give meaning to your experience:<ul style="list-style-type: none">• Identify a faculty mentor• Consider a Hinckley course (HNKLY 4914)• Compete in HIP Talks at the Hinckley Institute• Apply to be an Alternative Break Student Site Leader	<ul style="list-style-type: none">- Reach beyond campus:<ul style="list-style-type: none">• Complete a global internship• Submit a research paper to the Hinckley Journal• Apply for the Oxford Human Rights Consortium• Apply for post-grad fellowships	
IMPACT	<ul style="list-style-type: none">- Survey the possibilities:<ul style="list-style-type: none">• Brainstorm a list of topics you care about• Connect to campus events and use your ArtsPass• Attend MUSE⁷ Casual Fridays• Live in the Bennion Service House	<ul style="list-style-type: none">- Make the most of new opportunities:<ul style="list-style-type: none">• Identify a community or topic where you want to make an impact• Identify and engage with an organization for leadership opportunities• Apply to the Bennion Scholars Program	<ul style="list-style-type: none">- You can make an impact in many ways:<ul style="list-style-type: none">• Work with your faculty mentor on an impact project• Connect with a MUSE professor• Apply to be a MUSE Scholar	<ul style="list-style-type: none">- Expand your range:<ul style="list-style-type: none">• Become a mentor for other students• Complete the Bennion Scholars Capstone• Apply for Presidential Ambassadorship	
CAREER	<ul style="list-style-type: none">- Explore potential futures:<ul style="list-style-type: none">• Activate your Handshake account• Find career paths at the Going Global Career Panel• Visit the CPDC⁸• Explore Careers through CPDC workshops, Meet and Eat events, and Career Treks	<ul style="list-style-type: none">- Gain insight and experience:<ul style="list-style-type: none">• Apply for a job on campus• Make internship connections at the Going Global Career Panel• Attend the Career Fair• Draft your resume and get feedback	<ul style="list-style-type: none">- Begin to network and build your profile:<ul style="list-style-type: none">• Consider taking HUM 3960 - Humanities Career Compass• Meet with a Career Coach• Speak with an advisor about connecting with alumni• Create a LinkedIn profile and review alumni profiles	<ul style="list-style-type: none">- Plan, prepare, and launch:<ul style="list-style-type: none">• Join AlumniFire• Network for career opportunities at the Going Global Career Panel• Attend the Career Conference• Practice mock interviews	

WHERE CAN I GO AFTER GRADUATION?

- Banking & Finance
- Business Operations
- Campaign Management
- Consulting
- Education/Teaching
- Foreign Service
- Global Health
- Government/Politics
- Health Administration
- Health Services
- International Business
- International Development
- International Education
- International Law
- International Relations
- Law School
- Legal Services
- Marketing & Media
- Medical School
- Museums/Public History
- Non-Profits/Advocacy
- Peace Corps/Fulbright
- Public Administration
- Security Services
- Social Services
- Think Tanks
- Translation/Interpreting
- Travel & Tourism

¹Culture & Language Across the Curriculum ²Associated Students of the University of Utah ³Asian American Student Association ⁴Pacific Islander Student Association ⁵Movimiento Estudiantil Chicana de Aztlán ⁶Undergraduate Research Opportunities Program ⁷My U Signature Experience ⁸Career & Professional Development Center